

STAYWELL – WHERE TO GO FOR HELP

HEALTH
BENEFITS



- ◆ For Help With **Medical Coverage**, Deductibles, Co-Pays and Co-Insurance **Lucent Customer Service** - 877-916-2525 or mylucenthealth.com/
or Download the “Lucent Health” app from the Apple App Store or Google Play
- ◆ For Help With **Prescription Coverage**
COSTCO Health Solutions - 877-908-6024 or <https://www.costcohealthsolutions.com>
- ◆ For Help With **Mail Order or Online Prescriptions**
COSTCO Mail Order - 800-607-6861 or pharmacy.costco.com
- ◆ For **(FREE TO YOU) HealthTap** Help With 24/7/365 Quality Health Care
healthtap.com or download the HealthTap app from the Apple App Store or Google Play
- ◆ For Help With **Allergychoices** Staywell offers Allergy Control Program with a new option for allergy testing and treatment. Sublingual immunotherapy drops using the La Crosse Method™ Protocol **Allergychoices** - 866-793-1680 or allergychoices.com
- ◆ For Help With **AwareHealth (FREE TO YOU)** Virtual Physical Therapy & Pelvic Floor Strengthening - **AwareHealth** – 925-444-0561 or <https://www.awarehealth.io/>
- ◆ For Help With **(FREE TO YOU) Renalogic** A Kidney Dialysis Avoidance Program – 844-841-5065
- ◆ For Help With **CANARX** International Mail Order Option with \$0 co-pays – 866-893-6337 or <http://staywellcanarx.com>
- ◆ For Help With **Employee Assistance Program (EAP)** 800-252-4555 or EducatorsEAP.com
- ◆ If you need additional help, please contact Traci Doster at Mendocino County Office of Education or Jordan Shields or Keith McNeil at **Arrow Benefits Group**, Staywell Health Insurance Broker.

Traci Doster 707-467-5016 - tdoster@mcoe.us



Keith McNeil 707-992-3782 - keithm@arrowbenefitsgroup.com

